

# OUTPATIENT SUBSTANCE USE DISORDER PROGRAM



Roxbury's outpatient program specializes in the treatment of substance use disorders while using an integrated treatment approach for individuals with co-occurring mental health needs. We provide assessments, individual therapy, group therapy, and intensive outpatient treatment.

## INTENSIVE OUTPATIENT PROGRAM

- Groups are held for approximately 3 hours and meet 3 days per week
- Individual sessions are scheduled at set intervals to assess treatment goals
- Group topics focus on maintaining sobriety while newly in recovery
- Medication assisted therapy coordination

## OUTPATIENT PROGRAMMING

- Primarily for those individuals with a higher level of stability in their recovery
- Groups are held weekly for 90-minutes
- Groups cover topics related to long-term sobriety and developing healthy patterns of behavior
- Medication assisted therapy coordination



25 Penncraft Ave, Suite 312, Chambersburg, PA 17201  
717-264-2400

401 E Louthier Street, Carlisle, PA 17013  
717-249-5010



## OUTPATIENT ASSESSMENTS

A client may need to access Roxbury Outpatient Services for the sole purpose of obtaining an assessment due to a DUI, employer referral, or other reason. Referrals to other levels of care can be made depending on a client's specific circumstances.

## HOW DO I MAKE AN APPOINTMENT?

Roxbury Outpatient is open Monday-Friday during normal business hours. To schedule an appointment with the Carlisle office, call 717-249-5010. To schedule an appointment with the Chambersburg office, call 717-264-2400. If you call after hours or on the weekend, please leave a message and your call will be returned on the next business day.

## INSURANCE AND PAYMENT OPTIONS

Roxbury is in network and contracts with nearly all managed care organizations. In addition, we accept Pennsylvania Managed Medicaid and are contracted with Cumberland County Drug and Alcohol for the Carlisle and Chambersburg offices and Franklin County Drug and Alcohol for the Chambersburg office. Please speak with our office staff to discuss the specifics of your insurance plan.

**[RoxburyHospital.com](http://RoxburyHospital.com)**

*Roxbury provides impartial access to treatment regardless of race, religion, color, sex, age, national origin, or disability.*