# Adult Inpatient Psychiatric Program

Roxbury Psychiatric Hospital's inpatient program for adults provides short-term acute psychiatric stabilization along with the capability and expertise to treat those who have co-occurring substance use disorder needs. We believe by addressing both addiction and mental health needs together our patients receive better outcomes.

#### **PSYCHIATRIC STABILIZATION**

- » Thorough psychiatric evaluation and medication assisted stabilization
- » Full time psychiatrist on staff and available 24-hours daily
- » Full and complete medical examination and history
- » Nursing care 24-hours daily
- Therapeutic groups and activities with a small group focus
- Family and individual therapy as recommended by Roxbury's treatment team
- » Structured recreational therapy including art and music therapies
- » Continuing care resources and detailed continuing care and crisis plan



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## **CO-OCCURRING DISORDER PROGRAM**

- » Detoxification services conducted under close medical supervision
- Substance use education and groups focused on recovery
- » Additional after care planning to include substance use disorder services
- » Continued care available at Roxbury Treatment Center's inpatient substance use disorder program

## **HOW DO I GET ADMITTED?**

Since each situation varies, we advise that you first call Roxbury's admission department at 717-530-2206. Our clinical staff is available 24 hours per day and can further assist you with the process.

#### **INSURANCE AND PAYMENT OPTIONS**

Roxbury is in network and contracts with nearly all managed care organizations. In addition, we accept Pennsylvania Managed Medicaid. Please call our admissions department for specifics related to your insurance plan.

Roxbury provides impartial access to treatment regardless of race, religion, color, sex, age, national origin, or disability.



601 Roxbury Road, Shippensburg, PA 17257 Toll-Free: 1-800-648 HOPE (4673)

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