

# Outpatient Substance Use Disorder Program

Roxbury's outpatient program specializes in the treatment of substance use disorders while using an integrated treatment approach for individuals with co-occurring mental health needs. We provide assessments, individual therapy, group therapy, and intensive outpatient treatment.

## INTENSIVE OUTPATIENT PROGRAM

- » Groups are held for approximately 3 hours and meet 3 days per week
- » Individual sessions are scheduled to assess treatment goals
- » Group topics focus on maintaining sobriety while newly in recovery
- » Medication assisted therapy coordination

## OUTPATIENT PROGRAMMING

- » Primarily for those individuals with stability in their recovery
- » Groups are held weekly for 90-minutes
- » Groups cover topics related to long-term sobriety and developing healthy patterns of behavior
- » Medication assisted therapy coordination



1-800-648-4673 | [RoxburyHospital.com](https://RoxburyHospital.com)



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## OUTPATIENT ASSESSMENTS

A client may need to access Roxbury Outpatient Services for the sole purpose of obtaining an assessment due to a DUI, employer referral, or other reason. Referrals to other levels of care can be made depending on a client's specific needs.

## HOW DO I MAKE AN APPOINTMENT?

Roxbury Outpatient is open Monday-Friday during normal business hours. To schedule an appointment with the Carlisle office, call 717-249-5010. To schedule an appointment with the Chambersburg office, call 717-264-2400. While we strive to answer all calls, we are at times out of office or with another client. Please leave a message and your call will be returned on or before the next business day.

## INSURANCE AND PAYMENT OPTIONS

Roxbury is in network and contracts with nearly all managed care organizations. In addition, we accept Pennsylvania Managed Medicaid and are contracted with Cumberland County Drug and Alcohol and Franklin County Drug and Alcohol. Please speak with our office staff to discuss the specifics of your insurance plan.

*Roxbury provides impartial access to treatment regardless of race, religion, color, sex, age, national origin, or disability.*



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**CHAMBERSBURG: 717-264-2400**

**25 Penncraft Ave, Suite 312, Chambersburg, PA 17201**

**CARLISLE: 717-249-5010**

**401 E Louthier Street, Carlisle, PA 17013**

**[RoxburyHospital.com](http://RoxburyHospital.com)**